

CENTRE FOR INDIGENOUS WOMEN, TWO SPIRIT, AND GENDER DIVERSITY

You're Safe with Us: Resources

COUNSELING SERVICES

Catholic Family Services of the Battlefords
#101-1272 101st Street
North Battleford
Saskatchewan S9A 0Z8
Phone: (306) 445-6960
Email: battlefords.cfs@sasktel.net

Fresh Start Counselling Services
214 1st Ave NE
Swift Current, SK S9H 2B4
Phone: 306-773-8168
Email: admin.freshstarts@sasktel.net
Services offered in Maple Creek

Catholic Family Services
160 McIntosh Street
Regina, SK S4R 4Z4
Phone: 303-525-0521
Email: cfsregina@cfsregina.ca
Services offered in Indian Head/Southey

North East Outreach and Support Services
126 McKendry Ave W
Melfort, SK S0E 1A0
Phone: 306-752-9464
Email: adm@neoss.ca
Services offered in Kelvington/Nipawin/Tisdale

PARTNERS Family Services (PFS)
Counselling Clinics*
231B Main St
Humboldt SK S0K 2A0
Monday - Friday 9am - 4pm
Phone: 306-682-4135
Email: admin@partnersfamilyservices.ca
Counseling Clinics available at Wadena/Wakaw

Prince Albert Catholic Family Services
#300 -1008 1st Ave West
Prince Albert, SK S6V 4Y4
Phone: 306-922-3202
Email: cfspa@sasktel.net

Envision Counselling and Support Centre Inc.
Box 511
Estevan, SK S4A 2A5
Phone: 306-637-4004
Email: info@envisioncounsellingcentre.com
Oxbow office: 306-483-5555
Weyburn Office: 306-842-8821

Child and Family Services Saskatoon
200 506- 25th Street East
Saskatoon, SK. S7K 4A7
Phone: 306-244-7773

* Call-In Counselling Only – Walk-In Clinics at this location are not available at this time.

Family Service Regina
#200 1440 Broadway Ave
Regina, SK S4P 1E2
Phone: 306-757-6675
Email: info@familyserviceregina.com
Free Call-In Counselling services

SIGN
Society for the Involvement of Good Neighbors
345 Broadway Street
Yorkton, SK S3N 0N8
Phone: 306-782-1442
Email: walkin@signyorkton.ca
Services offered in Kamsack

Family Service Saskatoon
102, 506 – 25th Street East
Saskatoon, Saskatchewan S7K 4A7
Phone: 306-244-0127
Email: info@familyservice.sk.ca

Wynyard Counselling Clinic
Tuesdays and Thursdays 9:00 am - 4:00 pm
210 Avenue B East Wynyard, SK
306-554-3363
*Walk-in Counseling Protocols *

Canadian Mental Health Association, Saskatchewan Division

- Provincial Line: 306-421-1871
- Provincial Youth Line: 306-730-5900
- Moose Jaw: 306-630-5968
- North Battleford: 306-441-5746
- Prince Albert: 306-940-7678
- Regina: 306-535-4292
- Rosetown: 306-831-4083
- Saskatoon: 306-270-3648
- Swift Current: 306-741-5148
- Weyburn: 306-861-4951

Alcohol, Cannabis and Other Drug Use

- Call HealthLine at 811, a confidential 24-hour health information and support telephone line, to speak to an Addictions or Mental Health Counsellor.
- Visit HealthLineOnline.ca or saskatchewan.ca/addictions.
- Contact your local Addictions or Mental Health Services office, doctor, or other health care provider if you need more information. Check out the Mental Health and Addictions Directory for services available near you.

